



SENIOR GAMES

Live Long & Compete



www.cityofyukonok.gov

Welcome to Yukon!



The City of Yukon Parks & Recreation Department is proud to present the spirited 15th Annual Yukon Senior Games in Yukon, Oklahoma. With over 35 different events, Yukon Senior Games has become a popular tradition for adults ages 50 and older.

The Senior Games Committee welcomes you to look over the next few pages of events. We nurture opportunities for everyone 50 years of age and better to compete no matter the skill. Whether it is creative writing or basketball, there is something for everyone.

Yukon is a bold city located just west of Oklahoma City on I-40. Our city is best known for being the childhood home of country superstar Garth Brooks. Yukon hosts many city events in addition to the Yukon Senior Games. People flock from all over to be part of our festivals, such as the Czech Festival, Freedom Fest, Christmas in the Park and Festival of the Child.

Entertainment in Yukon

West End Pointe 8
www.amctheatres.com

Express Clydesdales
www.expressclydesdales.com

Shopping & Restaurants
www.cityofyukonok.gov

OPENING GALA

Join us as we kick off the start of the 2016 Yukon Senior Games!

Friday, April 1, 2016

Socializing • LIVE Music & Dancing
Door Prizes • Great Food
Informational Booths



Yukon Senior Games

| April 1-9, 2016

| www.cityofyukonok.gov



CONTACT INFORMATION

Event Headquarters

Jackie Cooper Gym | 1024 E. Main Street Yukon, OK 73099 | 405.350.8920

Tim Rhodes
JCG Supervisor
trhodes@cityofyukonok.gov

Quincy Rinkle
Recreation Superintendent
qrinkle@cityofyukonok.gov

Jan Scott
Parks & Recreation Director
jscott@cityofyukonok.gov

Lodging

Hampton Inn | 1351 Canadian Ct. Yukon, OK 73099 | 405.350.6400

\$89.00 per night (King or 2 Queens)

The Hampton Inn is the 2016 Yukon Senior Games host hotel.
The Hampton Inn has rooms blocked for Yukon Senior Games participants at the above rate for April 1-9.

This rate is available until the block is full or the deadline of March 18, 2016.

National Senior Games Association (NSGA)



The NSGA is a 501(c)3, non-profit, corporation dedicated to promoting healthy and active lifestyles for athletes age 50 and over. A recognized multi-sport organization of the United States Olympic Committee, the NSGA is comprised of 49 Member Organizations and 2 Associate Member Organizations who conduct state or national multi-sport competitions, which serve as qualifiers for the National Senior Games.

The National Senior Games are held in odd number years.
You may qualify for the National games at your State Games level.



Yukon Senior Games

| April 1-9, 2016

| www.cityofyukonok.gov



General Information

Residency

Out of state residents are welcome to participate.

Eligibility

Anyone 50 years of age or better on or before Dec. 31, 2016 is eligible to participate.

Age Divisions

50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+

Awards

Awards will be presented to the 1st, 2nd & 3rd place winners in each category, including ties. Medals will be awarded at the conclusion of each event.

Participants in any age group may be combined for competitions where there is an insufficient number of players, but the results will be separated for awards.

Rulings/Decisions

The event director is the final authority of rule interpretations. All sports are governed by the official playing rules of each sport, except where the modifications have been noted in the event descriptions.

Inclement Weather/Insufficient Entries

The Event Director reserves the right to cancel, combine age divisions, reschedule or postpone events due to inclement weather, unusual circumstances or insufficient entries.

Opening Gala

Friday, Apr. 1, 2016 5:00 p.m. | Dale Robertson Ctr 1200 Lakeshore Dr. Yukon, OK 73099

Come kick off the start of the 2016 Senior Games with our Opening Gala!

FREE to all Senior Games Participants

Live Music, Dancing, Prizes, Food & Informational Booths!



Event Schedule

Friday April 1, 2016

5:00 p.m. Opening Gala

Dale Robertson Center

Saturday April 2, 2016

9:00 a.m. Track and Field

Yukon Middle School Track

Monday April 4, 2016

1:00 p.m. Pool - 8 Ball

Spanish Cove

Tuesday April 5, 2016

9:00 a.m. Pickleball - Doubles

Jackie Cooper Gym

1:00 p.m. Weightlifting

Valir Fitness Plus

Wednesday April 6, 2016

9:00 a.m. Pickleball - Mixed

Jackie Cooper Gym

3:00 p.m. Bowling - Singles

Heritage Lanes (OKC)

Thursday April 7, 2016

9:00 a.m. Golf

Surrey Hills Golf Club

9:00 a.m. Pickleball - Singles

Jackie Cooper Gym

1:00 p.m. Bowling - Doubles

Heritage Lanes (OKC)

3:00 p.m. Bowling - Mixed

Heritage Lanes (OKC)

Friday April 8, 2016

8:30 a.m. Basketball - Free Throws & Dribbling

Jackie Cooper Gym

10:00 a.m. Basketball - Three Point & Hot Shot

Jackie Cooper Gym

11:00 a.m. Basketball - 3 on 3 Half Court

Jackie Cooper Gym

2:00 p.m. Horseshoes & Washer Pitching

Yukon City Park

Saturday April 9, 2016

9:00 a.m. Archery

Lakeview Elementary School

10:00 a.m. Table Tennis - Singles

Yukon Community Center

12:00 p.m. Table Tennis - Doubles

Yukon Community Center

2:00 p.m. Table Tennis - Mixed

Yukon Community Center

Thank You to Our Sponsors!

Silver Sponsors

Forest Glade
Retirement

Yanda & Son
Funeral Home and Cremation Services, Inc.
1500 W. Vandament • Yukon, OK
350-7101 • www.yandafuneral.com

Frank Thomas

Bronze Sponsors

Wayne Driggers:
United Healthcare

Festival Friends



PARKS & RECREATION



Creative Arts

Open to the unpublished work of non-professional photographers and writers.

Entries will not be classified by age or gender. Entries will be on display at the social reception
Awards will be presented at the social reception.

Creative Writing

Short Story Entries must be 5000 words or less

Essay Entries must be 2000 words or less

Poetry Entries must be 50 lines or less

Creative Writing Entry Requirements

All entries must be typed and double spaced

Each entry must have a cover sheet containing
the authors name, address, phone number, category and title.

Authors name should not appear in the manuscript but the title should be on each page.

Photography

8x10 Color or Black & White

Categories: nature, daily life and portrait

Photography Entry Requirements

Photographs must be at least 8x10 but no larger than 11x14

Photographs must be fixed to a matte board or may be matted,
the outer dimensions not to exceed 11x14

No frames allowed

Name, address, phone number, category and title
must be fixed to the back of the matte board.

Photographs may be picked up after the social reception
or they will be returned by mail within 1-2 weeks after the competition

All Creative Arts entries
must be turned in to the Jackie Cooper Gym
no later than 4:00 p.m. on March 25, 2016!



Creative Arts Registration

Creative Arts only fees are \$5 for the first category and \$3 for each additional category. Please, only one entry per category. Tickets to the social reception will be included. T-Shirts will not be included and may be purchased on the form below.

Name: _____
Last First MI

Address: _____
Street City State Zip

Telephone: (____) _____ Birthdate: ____ / ____ / ____ Age: _____
Home As of 12/31/16

Email Address: _____ M F Shirt Size: _____

Emergency Contact: _____ Telephone: (____) _____

- Entry Fee (1st Category) \$ 5.00
- Additional Categories (\$3 per category) # of events ____ x \$3 each \$ _____
- Social reception (Participant) Please indicate attendance __Y __N Free
- Social Reception (Guest) # of guests ____ x \$3 each \$ _____
- Donation (Donations for Yukon Senior Games generously accepted) \$ _____
- T-Shirts \$10 each (indicate the # of shirts by the size)

____ AS ____ AM ____ AL ____ AXL ____ AXXL ____ AXXXL \$ _____

Final Entry Deadline: March 25, 2016 **Total Amount Enclosed** \$ _____

Make checks payable to: **City of Yukon**

Mail checks to:

Yukon Senior Games
c/o Jackie Cooper Gym
PO Box 850500
Yukon, OK 73085

- Creative Writing:** Essay Poetry Short Story
- Photography:** Nature Daily Life Portrait

Senior Games Entry Form - Part B

Please check all events you wish to enter. Participants may enter all events within each sport. Be sure to review the event schedule to avoid conflicts. Retain a copy of all events entered.

Archery

- Barebow Compound
- Barebow Recurve
- Olympic Recurve
- Compound Fingers
- Compound Release

Basketball

- Free Throw
- 3 Point
- 3 on 3 Players:
- Dribbling
- Hot Shot

Bowling

- Singles
- Doubles Partner: _____
- Mixed Doubles Partner: _____

Golf

Horseshoes

Pickleball

- Singles
- Doubles Partner: _____
- Mixed Doubles Partner: _____

Billiards

- 8 Ball

Table Tennis

- Singles
- Doubles Partner: _____
- Mixed Doubles Partner: _____

Track and Field (6 event limit)

- 50m
- 100m
- 200m
- 400m
- 800m
- 1600m
- 1500m Race Walk
- Long Jump
- Standing Long Jump
- Triple Jump
- High Jump
- Pole Vault
- Discus
- Hammer Throw
- Javelin
- Shot Put

Washer Pitching

Weightlifting (Free Weights)

- Arm Curl
- Sit-Ups
- Bench Press
- Leg Press
- Push Ups



The Yukon Senior Games and Yukon Parks and Recreation Department strongly recommend that each participant consult his/her doctor in regard to practice, preparation and competition in this program.

STATEMENT OF PHYSICAL CAPABILITY

I warrant and represent to the sponsors that:

1. I have prepared for the event(s) which I have entered by practicing the same prior to my participation in the Yukon Senior Games.
2. I am in good physical health and condition and am physically able to compete in the events I have selected.
3. I know of no physical restriction whatsoever which would prohibit my participation in the events that I have selected. I have been advised by the sponsors that it would be in my best interest to consult my physician prior to my preparation in regard to my participation in the Yukon Senior Games.
4. I recognize and understand that the preparation and the competition may necessitate strenuous physical activity and could activate any unrecognized pre-existing cardiovascular disorder which I may have, thereby resulting in serious or life-threatening harm to me.

PERSONAL INJURY RELEASE

As a condition of being permitted to participate in the Yukon Senior Games, I, the undersigned participant agree that: I recognize that participation in the Yukon Senior Games necessarily involves risks of injuries and damages including but not limited to injuries, damages or losses relating to or resulting from slips, falls, collision, car accidents, trauma, health failure, and/or other mishaps. Possible injuries to me can include death, personal injury, property damage, loss of service and other injuries and damages.

I assume full responsibility for any injuries, damages or losses which may occur to me and agree that the Yukon Parks and Recreation Department and its sponsors, its agents, employees, representatives, volunteers, and assigns, and all other persons, firms, and other entities participating or providing services or facilities to or for the benefit of Senior Games and/or its participants, shall not be individually or severally liable for any damages arising from any personal injuries that I may sustain in connection with my preparation for and/or participation in the Yukon Senior Games whether or not the injuries, damages or losses occur on/or about the premises of the Yukon Parks and Recreation Department, owned or not owned, in the conduct of the Senior Games.

I hereby fully and forever release and discharge and hereby agree to indemnify and hold harmless the Yukon Parks and Recreation Department from any and all present and future claims, demands, damages, rights of action, or causes of action including, but not limited to, reasonable attorney's fees and costs collectively ("Claims") arising out of, resulting from, or connected in any way with my preparation for and/or participation in the Yukon Senior Games, whether known or unknown, anticipated or unanticipated, and specifically including, but not limited to, any claims arising out of or resulting from the negligence or fault of the Yukon Parks and Recreation Department.

Notwithstanding any language herein to the contrary, this release and discharge shall in no way affect any claims which I cannot legally waive, such as grossly negligent acts, intentional acts occurring in the future, and acts done with malfeasance.

I understand that I am releasing the Yukon Parks and Recreation Department from liability to the full extent that the law allows not only from any risk inherently associated with participation in an athletic activity, but also any enhanced exposure to injury occasioned by any carelessness, negligence or fault of the Yukon Parks and Recreation Department or anyone acting on the Yukon Parks and Recreation Department's behalf, including any and all liability for damage and injury or death to myself or to any persons or property to the full extent that the law allows.

I understand that THIS RELEASE OF LIABILITY IS INTENDED TO BE AS BROAD AS LEGALLY POSSIBLE, and I accept the terms as a condition of being permitted to participate in the Yukon Senior Games.

RELEASE FOR PERSONAL PROPERTY: I acknowledge and agree that the Yukon Parks and Recreation Department shall not be liable for any loss or theft of personal property and I release the Yukon Parks and Recreation department for any liability for loss or theft of any personal property in connection with the Yukon Senior Games.

CONSENT TO MEDICAL TREATMENT: The Yukon Parks and Recreation Department has my permission to have a physician treat me in the Yukon Senior Games. I hereby consent to any first aid, medication, medical treatment or surgery deemed necessary. I release all claims for injuries or damages incurred by me in the connection with the delivery of such care in good faith. This release is also a condition of participation in the Yukon Senior Games.

PUBLICITY CONSENT: I authorize the Yukon Senior Games and the Yukon Parks and Recreation Department to use my likeness in any form. I waive the right to inspection or for any compensation.

THIS WAIVER AND RELEASE AFFECTS MY LEGAL RIGHTS AND INCLUDES RELEASES OF LIABILITY WHICH ARE TO BE AS BROAD AS LEGALLY POSSIBLE. I HAVE READ THIS WAIVER AND I UNDERSTAND WHAT I AM SIGNING.

Name (Print please)

Signature

Date

Yukon Senior Games



Sign and Return
Senior Games Waiver
on opposite side

Follow the City of Yukon on Social Media
Stay informed of all upcoming events and happenings in Yukon!



Event Locations

Dale Robertson Center
1200 Lakeshore Dr

Creative Arts
Opening Gala

Heritage Lanes
11917 N. Penn Ave OKC, OK 73120

Bowling

Jackie Cooper Gym
1024 E. Main St

Basketball
Pickleball

Lakeview Elementary School
872 S. Yukon Prkwy

Archery

Spanish Cove
1401 S. Cornwell Dr

Billiards

Surrey Hills Golf Club
11340 Surrey Hills Blvd

Golf

Valir Fitness Plus
1091 S. Cornwell Dr

Weight Lifting

Yukon City Park
2200 S. Holly Ave

Horseshoes
Washer Pitching

Yukon Community Center
2200 S. Holly Ave

Table Tennis

Yukon Middle School Track
1029 Garth Brooks Blvd

Track & Field
Race Walk



Join us for the 15th Annual Yukon Senior Games!

Register by March 25, 2016!

Online	www.Active.com
In person	Yukon Community Center
By phone	405.354.8442
By email	trhodes@cityofyukonok.gov

Download a Brochure at www.cityofyukonok.gov

